

TRUE COLORS IN RELATIONSHIPS

By Erica Lowry

We tend to lead with our first two colors as our automatic response systems. From there we tend to brighten or dim our individual colors depending on the needs and circumstances. The array of blends of our colors leads to our unique and individual ways of communicating our perspectives. An additional factor to keep in mind is the influence of the tendency to be either an introvert or an extrovert.

GREENS

are curious about life and want to learn and teach and share their philosophies. Greens tend to be knowledgeable, competent, creative and strategic. Greens need time to ponder and it is never personal when a Green challenges and asks questions. Their investigations lead to their innovative ideas which allow them to show how much they care by solving problems.

Greens need time alone to process the myriad of information that flows through their creative minds, which can cause them to appear aloof, when in reality they are busy contemplating numerous possibilities of ways to improve things.

BLUES

are the optimistic and compassionate caretakers and peacemakers of the world. Blue's are our passionate true romantics giving deeply with heartfelt caring for others, often putting the needs of others ahead of themselves. Blues are great at mentoring, resolving problems and avoiding conflict. Their joy comes from seeing others happy and finding solutions where everyone wins.

Blues refuel by spending time helping others, which can sometimes be interpreted as being over involved and too soft. Blues are often artistic and may express themselves through creative dress, or involvement in the arts.

ORANGES

have enough energy to fuel the planet. They are spontaneous, passionate, adventuresome, optimistic, playful, master negotiators and are comfortable pushing boundaries and taking risks and not sweating the small stuff. They are excellent at handling critical incident situations that require quick and accurate thinking and action.

Oranges have a flair for flamboyance and are often easy to hear or see in a crowd. Sometimes others see this as flaky or flirtatious and not taking things seriously. An Orange always has good intentions of being on time and whether they start five minutes or five hours early they invariably get delayed and distracted by trying to do one more thing too many.

GOLDS

are the pillars of responsibility and reliability at work, in the community and at home. Gold's are organized, detail oriented, have a strong sense of duty and belief in rules and regulations, and are most comfortable in a structured environment. Gold's enable us to continue the traditions that have been sacred for hundreds of years.

A Gold's need to be authoritative, set boundaries, and stay in control makes it more difficult for Gold's to handle change than those who lead from Green, Blue or Orange. A Gold may hang onto a way it's always been done to avoid the possibility of an error in leaving out an important step in the midst of change.