

How Do You Interact With Those Around You?

Which answer comes closest to telling how you usually feel or act? Make an **X** in the appropriate square or circle .

1. Are you usually: a "good mixer" or rather quiet and reserved?
2. Are you easy to get to know or hard to get to know?
3. At parties, do you always have fun or sometimes get bored?
4. Do you usually show your feelings freely, or keep your feelings to yourself?
5. In a large group, do you more often:
 introduce others or get introduced?
6. When you are with a group of people, would you usually rather
 join in the talk of the group or talk with one person at a time?
7. Can the new people you meet tell what you are interested in
 right away, or only after they get to know you?
8. Do you think the people close to you know how you feel:
 about most things or
 only when you have had some special reason to tell them?
9. When you are at a party, do you like to
 help get things going or
 let the others have fun their own way?
10. When you are in an embarrassing spot, do you usually
 turn it into a joke or
 later think of what you should have said?
11. Would you say you get more enthusiastic about things than the average person, or
 get less excited about things than the average person?
12. Do you talk easily to almost anyone for as long as you have to or
 find a lot to say only to certain people?
13. Do you tend to have broad friendships with many different people or
 deep friendships with a very few people?
14. Among your friends, are you full of news about everybody or
 one of the last to hear what is going on?
15. When something new starts to be the fashion, are you usually
 one of the first to try it or
 not much interested?

Which word in each pair appeals to you more? Think about what the words mean not how they look or sound.

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| <input type="checkbox"/> talkative | | <input type="checkbox"/> speak | | <input type="checkbox"/> lively | | <input type="checkbox"/> sociable | | <input type="checkbox"/> party | | <input type="checkbox"/> hearty |
| <input type="radio"/> reserved | | <input type="radio"/> write | | <input type="radio"/> calm | | <input type="radio"/> detached | | <input type="radio"/> theatre | | <input type="radio"/> quiet |

Now add up the number of times you chose a _____
and the number of times you chose a _____

More s suggest you are more of an Extravert. More s suggest you are more of an Introvert.