

Resolving Conflict By True Color

This exercise will help you learn from others the best way to resolve conflicts with their Color.

First hand out to everyone a blank piece of white paper.

Have everyone write on the paper a conflict situation involving people they are dealing with right now at work that they would like help with.

Have everyone stand up and form a circle, bringing their problem with them.

Now have everyone crumble their paper into a ball and throw it into a pile in the center of the circle.

Now go stir up the pile so people can't get their own ball on purpose.

Have everyone select one paper ball at random from the pile.

Have the people break up into their strongest Color groups and select two problems on pieces of paper held by members of that group to present to the larger group.

Have each group discuss among themselves what they would do to resolve the conflict if the person who is the focus of the problem, were the same Colors as the people in this group.