

REFLECTION ON INCREASING COURAGE

Draw on your knowledge of your own True Colors® Spectrum. Focusing on your brightest color, reflect on how you might use it to increase numbers 1-4 that follow:

1. CANDOR: Telling it and hearing it like it is

2. PURPOSE: Getting others behind your dream

3. WILL: Desiring to persevere

4. RIGOR: Recognizing your standard of value